



GALLERY PARK
FAMILY & PEDIATRIC
DENTISTRY

Visual Guide to a Visit

For many children the unknowns of a first dental visit or a new practice can be stressful. Familiarity and preparation make a meaningful difference in their ability to participate confidently and can help us diagnose and treat successfully.

This guide was created to help you walk your child through a typical dental visit step-by-step, using simple language and real photos of our office. We encourage you to review it together before your appointment allowing your child time to ask questions and become more comfortable with what to expect.



Today we are going to the dentist. The dentist helps keep our teeth clean and healthy.



We'll walk into the office and tell them your name at the front desk.



While we wait for your name to be called, you can play.



Then someone from the dental team will call your name and walk with us to a room with a special chair.

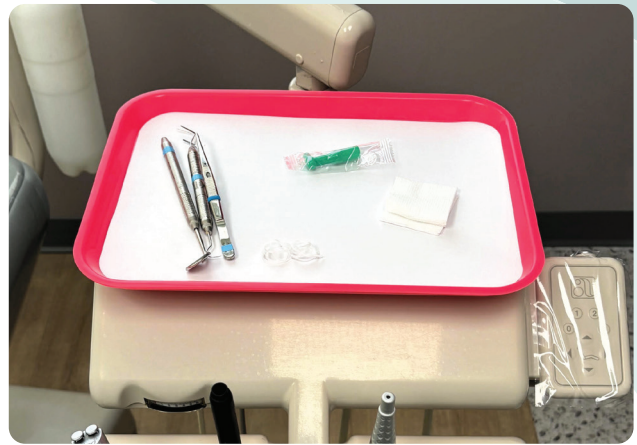


The chair moves up like an elevator and lays back like a bed.



During your visit you can keep your hands at your sides and your legs straight out in front of you.

You will wear sunglasses to keep your eyes comfortable.



The dental assistant will clean your teeth with a special toothbrush that might tickle and sound like a motorcycle.

They will also use floss to clean between your teeth.



When your teeth are clean, the dentist will come in to check them.

You will open your mouth as wide as you can and she will look with a small mirror and tooth counter.



If needed, we will take special pictures of your teeth called x-rays.

You will wear a heavy apron while we take the pictures.



When you are all done, you will get a special bag with a new toothbrush and toothpaste.



Then you will pick out a prize to take home, and we will go home or do something you like!